

Cosmetology 1

In this introductory course, students study hair, skin, and nails and their related care. Students are grounded in theory as they prepare to practice procedures in a clinical lab setting and classroom, using manikins for manipulative skill practice. The first-year course emphasizes personal safety, professionalism, and sanitation and disinfection of equipment and facilities. Students develop skills in shampooing and conditioning hair, as well as styling and cutting hair. They are introduced to hair coloring and chemical texture services and develop skills in manicure and pedicure procedures. **This is a triple-blocked course.**

This course connects to the following career pathways:

[Human Services - Cosmetology](#)

Credits 3

Grades

11

Schools

Unity Reed High School

Woodbridge High School

Notes

This is the first course in a two-year program.