

# Individual Development

Individual Development students focus on cultivating positive future orientation; developing skills to build healthy relationships with family, peers, and community members; managing stress and conflict; and preparing to become college- and career-ready.

This course connects to the following career pathways:

[Human Services](#)

**Credits** 1

**Grades**

10, 11, 12

**Schools**

Battlefield High School

Freedom High School

Gar-Field High School

Independence Nontraditional High School

Unity Reed High School

Woodbridge High School

**Notes**

[Independent Living](#), recommended