

Life Skills

The focus of Life Skills is to prepare students who access the adapted curriculum to participate in the community and grow independence. Students will develop and enhance communication skills, organizational/study techniques, and social intervention skills. Students learn to care for their personal needs, clothing, the household, and to prepare nutritious meals. The students will participate in the development of a transition plan and explore skills needed for employment/post-secondary education as well as for learning and self-advocacy. This course builds student independence and prepares them for post-secondary life.

Credits 1

Length

Year

Grades

9, 10, 11, 12

Schools

Battlefield High School

Brentsville District High School

Colgan High School

Forest Park High School

Freedom High School

Gainesville High School

Gar-Field High School

Hylton High School

Osborn Park High School

Patriot High School

Potomac High School

Unity Reed High School

Woodbridge High School

Requirements

Any student who is receiving special education services and whose Individualized Education Program (IEP) indicates the appropriateness of the Life Skills course offering.

Prerequisites

None